

Familywellness

December 16 - December 22

Activity pool, hot tub, sauna and steam room are open when the facility is open. Slide and water feature usage dependent on other activities (ask lifeguard on duty for more details).

Lap Swim is designated in **WHITE**. Open Swim is designated in **GREY**.

Swim lessons and Adult Swim Team require advanced registration into those programs. Water Exercise is first come first serve, with the exception of float classes when offered.

There will be 5 minutes of transition time between activities. We appreciate your patience and understanding as we set up and tear down between activities.

Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
	Large Pool			Large Pool			Large Pool			Large Pool			Large Pool			Large Pool					
5:00AM	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Pool Closed from 5:00-7:30AM			Lap	Lap	Lap	Opens at 6:00AM			Opens at 8:00AM		
5:30AM																Lap	Lap	Lap			
6:00AM																					
6:30AM																					
7:00AM																					
7:30AM																Lesson					
8:00AM	8:05AM Water Exercise			8:05AM Water Exercise			8:05AM Water Exercise			8:05AM Water Exercise			8:05AM Water Exercise			8:05AM Water Exercise			Lap	Lap	Lap
8:30AM																					
9:00AM	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Lap	Open			
9:30AM																					
10:00AM																					
10:30AM																					
11:00AM																					
11:30AM																					
12:00PM				12:05PM Water Exercise						12:05PM Water Exercise											
12:30PM																					
1:00PM				Lap	Lap	Lap				Lap	Lap	Lap									1:05PM Water Exercise
1:30PM																					2:00PM FloatNFit
2:00PM																					
2:30PM																					
3:00PM																					
3:30PM																					Open
4:00PM																					
4:30PM																					
5:00PM																					
5:30PM																					
6:00PM	6:05PM Water Exercise						6:05PM Water Exercise						5:35PM Water Exercise								
6:30PM													Lap	Lap	Open						
7:00PM	7:05PM Water Exercise						Lap	Lap	Open												
7:30PM																					
8:00PM	Lap	Lap	Open																		
8:30PM																					
9:00PM																					
9:30PM																					
10:00PM																					

Pool closes at 9:30PM Monday-Friday

Pool closes at 7:30PM Saturday and Sunday

NOTE: THIS DOES NOT INCLUDE PRIVATE LESSONS SCHEDULE. PRIVATE LESSONS VARY DAILY.