Family wellness

JULY 11-AUG 28, 2022

Activity pool, hot tub, sauna and steam room are open when the facility is open. Slide and water feature usage dependent on other activities (ask lifeguard on duty for more details). Lap Swim is designated in **WHITE.** Open Swim is designated in **GREY**.

Swim lessons and Adult Swim Team require advanced registration into those programs. Water Exercise is first come first serve, with the exception of float classes when offered. There will be 5 minutes of transition time between activities. We appreciate your patience and understanding as we set up and tear down between activities.

Time	Monday			Tuesday		Wednesday			Thursday			Friday			Saturday			Sunday			
	Large Pool			Large Pool			Large Pool			Large Pool			Large Pool			Large Pool			Large Pool		
5:00AM	Lap Lap Lap			Lap Lap Lap			Lap Lap Lap			Lap Lap Lap		Lap Lap		Lap	One	ns at 6:0	MAO				
5:30AM												ļ	-								
6:00AM															Lap			Opens at 8:00AM			
6:30AM												1		1	-		1		opo		
7:00AM						1									-						
7:30AM			İ	1		į						ļ		<u>i</u>	ļ		<u> </u>	ļ	-		_
8:00AM	8:05AM		8:05AM			8:05AM			8:05AM			8:05AM			8:05AM			Lap	Lap	Lap	
8:30AM 9:00AM	Water Exercise			Water Exercise			Water Exercise			Water Exercise			Water Exercise			Water Exercise					
9:00AM 9:30AM													Lap	Lap	Lap	Lap	Lap	Open			
10:00AM	Sw	im Lesso	ons	Swim Lessons			Swim Lessons			Swim Lessons			Family	Wollpo	cc Day						
10:30AM													Family Wellness Day Camp Open Swim				1			1 1 1	
11:00AM	Swim	Lap	Lap	Swim	Lap	Lap	Swim	Lap	Lap	Swim	Lap	Lap	Juli	p open						i I	
11:30AM	Lessons	Eap	Eup	Lessons	Eap	Lap	Lessons	Eap	Eup	Lessons	Lab	Lap			-		1				
12:00PM				12:05PM						12:05PM											
12:30PM			Water Exercise						Wa	Water Exercise			l								
1:00PM			Lap Lap Lap						Lap Lap Lap								1:05PM				
1:30PM																		Water Exercise			
2:00PM					Wellne														Lap	Lap	Open
2:30PM				Camp	o Open 🤅	Swim						1		1							
3:00PM												1					1			 	
3:30PM				ļ		<u> </u>						1		1	0		ļ				
4:00PM 4:30PM															Open						
4.30PM	Swim Lessons						Swim Lessons								ļ						
5:30PM				Swim Lessons							Swim Lessons			5:35PM							
6:00PM	6:05PM						6:05PM						Water Exercise								
6:30PM	Water Exercise						Water Exercise						Lap Lap Open			1					
7:00PM	Lap Lap Open		Adult Swim Team			Lap	Lap	Open	Adult Swim Team				open								
7:30PM				Adul	Swim	leam				Adul	tSwim	eam									
8:00PM				Lap	Lap	Lap	1			Lap	Lap	Lap		1							
8:30PM				-	-	-				-	-	-		ļ		Pool		t 7:30PM	Saturda	w and S	inday
9:00PM																- 1001	ciuses a		Gaturua	ly and S	anday
9:30PM						Pool	loses at	9:30PM	Monday	-Fridav											
10:00PM									J												